

Wellness is an important priority at Al Zahra Hospital Dubai, our team of physicians and health care professionals will treat you as a whole, share assessments and expertise to create a fully rounded understanding of your health profile, risks and needs.

Notes

- Your check-up will last around 3-4 hours depending on the package you have chosen.
- You need to arrive 15 minutes before your initial appointment to the Family Medicine Clinic for registration. Delays may delay your appointments.
- Please book follow-up appointments after completing all tests so that you can review them with your physician.
- Any cancellations and rescheduling of appointments should be done at least 1 day prior.
- For Blood Tests, you should be fasting for 12 hours and can only drink water during that time.
- In case your package contains a Treadmill Test, please wear comfortable clothes and shoes
- In case your package contains Mammogram please do not use deodorant or talcum powder on the day of your appointment.
- PAP Smear and Mammogram tests are preferably done during mid-cycle.
- The comprehensive testing and examinations in your package may indicate the need for further tests and visits, but these are not covered under your package and will be charged extra.

Payment

- Please note insurance companies do not cover packages.
- Packages once availed cannot be cancelled and no refund will be provided.
- Total package amount should be paid before commencement of package.
- The following Items / Services are excluded from these packages. If provided, they will be charged extra:
 - Laboratory and / or Radiology tests other than those included in the package.
 - Medicines, intravenous infusion and blood transfusions, if any.
- Services included in the package cannot be exchanged/ repeated or cancelled.
- Cost break-down of individual procedures included the package will not be provided for any reasons.

CALL 800 AL ZAHRA (2592472)
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IN THE OF DUBAI



مستشفى الزهراء دبي
AL ZAHRA HOSPITAL DUBAI

Well Woman Health Packages



FOCUSING ON YOU

WELL WOMAN HEALTH CHECK-UP (FOR WOMEN UP TO 40 YEARS OF AGE)

Consultations

- Consultation with Family Medicine Specialist
- Consultation with Obstetrics & Gynaecology Specialist
- Follow-up Consultation with Family Medicine Specialist

Radiological Studies

- X-Ray of the Chest (Heart and Lungs)
- Bilateral Breast Ultrasound
- Pelvic ultrasound (transabdominal or transvaginal)

Laboratory Studies

- Blood Profile – Complete Blood Count
- Kidney Profile – Urea & Creatinine
- Liver Profile – Aspartate Amino Transaminase
AST / ASAT / SGOT
- Alanine Amino Transferase (Glutamate Pyruvate
Transaminase), (ALT, SGPT, ALAT)
- Total Cholesterol
- Thyroid Test – TSH (Thyroid Stimulating Hormone) Blood
- Fasting Blood Sugar/Glucose (FBS)
- Urine Testing – Urinalysis
- Gynaecology Tests – PAP, Smear (LBC)

Cardiology

- Electrocardiogram

PACKAGE COST: AED 2,350/-

WELL WOMAN HEALTH CHECK-UP (FOR WOMEN ABOVE 40 YEARS OF AGE)

Consultations

- Consultation with Family Medicine Specialist
- Consultation with Obstetrics & Gynaecology Specialist
- Follow-up Consultation with Family Medicine Specialist

Radiological Studies

- X-Ray of the Chest (Heart and Lungs)
- Pelvic ultrasound (transabdominal or transvaginal)
- Mammography - Bilateral
- Bone Densitometry Test for Osteoporosis
(DEXA - Two site: Hip, Spine or Wrist)

Laboratory Studies

- Blood Profile – Complete Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Panel-23 / Total Profile (21 parameters): Urea, Sodium, Potass,
Chloride, Creat, Gluc, T.Proteins, Alb, T.Billi, D.Billi, ALT, GGT,
Alk.Phos, AST, LDH, CK, Amyl, T.Chol, Trigly, Uric, Ca, Phos,
Alb/Glob
- Cholesterol testing LDL, HDL
- Thyroid Test – TSH (Thyroid Stimulating Hormone) Blood
- Urine Testing – Urinalysis
- Gynaecology Tests – PAP, Smear (LBC)
- Vitamin D
- Stool-Occult Blood

Cardiology

- Electrocardiogram

PACKAGE COST: AED 3,450/-

PREMIUM WOMAN HEALTH CHECK-UP (FOR WOMEN ABOVE 40 YEARS OF AGE)

Consultation

- Consultation with Family Medicine Specialist
- Consultation with Ophthalmologist
- Consultation with Obstetrics & Gynaecology Specialist
- Consultation with Cardiologist
- Consultation with Dietician
- Follow-up Consultation with Family Medicine Specialist

Radiological Studies

- X-Ray of the Chest (Heart and Lungs)
- Whole Abdomen Ultrasound
- Mammography - Bilateral
- Bilateral Breast Ultrasound
- Bone Densitometry Test for Osteoporosis
(DEXA - Two site: Hip, Spine or Wrist)

Laboratory Studies

- Blood Profile – Complete Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Panel-23 / Total Profile (21 parameters): Urea, Sodium,
Potass, Chloride, Creat, Gluc, T.Proteins, Alb, T.Billi, D.Billi,
ALT, GGT, Alk.Phos, AST, LDH, CK, Amyl, T.Chol, Trigly, Uric,
Ca, Phos, Alb/Glob
- Cholesterol testing LDL, HDL
- Thyroid Test – TSH (Thyroid Stimulating Hormone) Blood
- Vitamin D
- Urine Testing – Urinalysis
- Gynaecology Tests – PAP, Smear (LBC)
- Stool-Occult Blood

Cardiology

- Electrocardiogram
- Echocardiogram with Colour Doppler

PACKAGE COST: AED 4,950/-