INTRODUCTION

At AZHD we offer a wide range of maternity packages, which are tailored to suit all your requirements.

We believe maternity to be the most significant stage in women’s life and we at AZHD strive to make it a happy journey.

We will look after you throughout your pregnancy; from the moment you discover that you are pregnant through to your delivery and even afterwards.

Our team of experienced obstetricians and midwives aim to provide quality care and service to help you stay in the best of health and prepare you for the birth of your baby.

Any questions you have regarding your pregnancy and new baby can be directed to us and we will endeavour to do our very best to answer them thoroughly and give you the very best guidance.

We will be there for you 24 hours of the day, 7 days of the week so you feel confident and have complete peace of mind.
ANTENATAL PACKAGE

The Antenatal package provides care for the Mother until delivery. It includes the following:

1. Out-patient consultations with an Obstetrician (up to a maximum of 12 visits)
2. The following blood tests:
   - Full blood count - 2 (at 12 & 36 weeks)
   - Haemoglobin - 1 (at 28 weeks)
   - Blood grouping
   - Antibody Screening - 2 (at 12 & 28 weeks)
   - VDRL
   - HIV 1/11 Abs
   - HbsAg
   - Rubella IgG
   - Random Blood Glucose
3. Urine examination for microscopy, culture and sensitivity
4. Cardiotocography (CTG) – 1 (at 37 - 40 weeks)
5. HVS (High Vaginal Swab) - 1 (at 37 weeks)
6. GTT (Glucose Tolerance Test) - 1 (at 20 - 28 weeks)
7. Ultrasound Screening (clinic) – 2 (at 28, 34 - 36 weeks)
8. Anomaly Scan (20 wks.) - 1 (in radiology department)
9. Preparation of Labour with Midwife at 34 weeks

Package Price AED 5,600/-

Optional / Additional Services:
Antenatal / Parent craft Classes – Available on request
Detail first trimester dating scan for nuchal translucency AED 650/-
First trimester (radiology department) screening for Down Syndrome (fetal scan, blood test) AED 1,200/-

* Terms and Conditions apply
ANTENATAL PACKAGE (FROM 28 WEEKS)

The Antenatal package provides care for the Mother until delivery. It includes the following:

1. Out-patient consultations with an Obstetrician (up to a maximum of 6 visits)
2. The following blood tests:
   - Full blood count -1
   - Haemoglobin - 1
   - Blood grouping
   - Antibody Screening - 1 [at 28 weeks]
   - VDRL
   - HIV 1/11 Abs
   - HbsAg
   - Rubella IgG
3. Urine examination for microscopy, culture and sensitivity
4. Cardiotocography (CTG) – 1 [at 37-40 weeks]
5. HVS (High Vaginal Swab) - 1 [37 weeks]
6. GTT (Glucose Tolerance Test) - 1 [at 28 weeks]
7. Ultrasound Screening (clinic) – 2 [at 28, 34 - 36 weeks]
8. Preparation of Labour with Midwife at 34 weeks

Package Price AED 4,000/-

Optional / Additional Services:
Antenatal / Parent craft Classes – Available on request

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BASIC NORMAL DELIVERY + NEW BORN PACKAGE

Delivery Services

Inclusions
- Labour Suite and delivery fee for normal course of labour
- Obstetrician’s professional fee
- 1 night stay in a private room (including delivery room)
- Obstetrician rounding fees -1
- Paediatric newborn consultation
- Consumables used during the delivery
- Medications up to AED 500
- Hospital diet
- Dietician consultation
- 1 free OPD consultation with the specialist (OBG/GYN) within 1 week of the delivery
- Newborn Package details see on p. 7

Exclusions
- 6 weeks postnatal check-up
- Any antenatal admission prior to delivery
- Lab. investigation
- Radiology investigation
- Blood transfusion, cross match
- Any extra medication including anti-D shots for mother & extra due to complications
- Neonatal baby care which includes new born screening and vaccination
- Any additional stay due to complications

Package Price

Standard Room AED 10,950/-
VIP Room AED 12,450/-

Optional / Additional Services:
- Epidural Analgesia AED 1,825/-
- Forceps Delivery AED 1,300/-
- Vacuum Delivery AED 1,300/-
- Ear Piercing Procedure AED 325/-
- Circumcision Procedure AED 2,300/-
- Hypnobirthing Room
- Water Bath for Pain Relief

* Terms and Conditions apply
Please Note! if there is a switch from a normal delivery to a C-Section Delivery, the C-Section delivery package will be charged. If the mother is twin or triplet bearing, there will be an additional charge of **AED 3,000** on the package. If the husband or relative stays overnight in the patients room, there is a charge of **AED 100** per day for the stay, & extra charges for any meals ordered. In the unfortunate circumstance where the paediatrician has to perform any resuscitation of the baby at the time of delivery, there will be an extra charge for the same.

**BASIC CAESAREAN DELIVERY + NEW BORN PACKAGE**

Caesarean Delivery: 3days - 2nights.

**Inclusions**
- Anaesthetist’s pre-operative consultation fee
- Surgery, operation theatre and anaesthesia (general, spinal or epidural) fee
- Paediatric attendance at birth
- Recovery room charge
- 2 nights stay in a private room (including delivery room)
- Obstetricians visit – 2
- Theatre supplies
- Medications up to AED 1,000
- Dietician consultation
- Hospital diet
- Operation theatre charge
- **Newborn Package details see on p. 7**

**Exclusion**
- Any antenatal admission prior to delivery
- Lab. investigation
- Radiology investigation
- Blood transfusion
- Any extra medication including anti-D shots for mother & extra due to complications
- Neonatal baby care which includes new born screening and vaccination
- Any additional stay due to complications or extended stay will be charged separately
Package Price

**One Bed Suite** AED 21,450/-

**VIP Room** AED 23,150/-

**Optional / Additional Services:**
- Ear Piercing Procedure: AED 325/-
- Circumcision Procedure: AED 2,300/-

* Terms and Conditions apply

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**Please Note!** If the mother is twin or triplet bearing, there will be an additional charge of **AED 3,000** on the package.

If the husband or relative stays overnight in the patients room, there is a charge of **AED 100** per day for the stay, and extra charges for any meals ordered.

In the unfortunate circumstance where the paediatrician has to perform any resuscitation of the baby at the time of delivery, there will be an extra charge.
Exclusions for all maternal packages

In case of fetal growth retardation or any other complications in the mother like Diabetes or Hypertension etc., more scans may be required and they will not be included in the package.

NEW BORN PACKAGE

New born baby Package for one night

**Inclusions**
- Nursery charges
- Routine investigation: (New born screening, blood group)
- Routine vaccinations (anti hepatitis B & BCG) only
- Medication & consumables costing up to AED 300/- only
- Paediatrician’s consultation -1

**Exclusions**
- NICU stay
- Any lab tests, medication, consumables, special investigations that are not mentioned above
PAYMENT TERMS

Payment
Total package amount should be paid before commencement of package. Packages once availed cannot be cancelled and no refund will be provided. Services included in the package cannot be exchanged / repeated or cancelled. Cost break-down of individual procedures included the package will not be provided for any reasons.

INFORMATION FOR MATERNITY ADMISSION

Things to be brought to the hospital:
• ID Cards / passport (husband and wife)
• Marriage Certificate
• Personal belongings: pajamas, personal toiletries...
• For your baby: 6-10 vests, 6-10 baby growth / sleep suits, mittens, baby wipes, olive oil for baby’s skin

Hospital will provide under pads, maternity sanitary pads and disposable underwear in designated quantity...
Al Zahra Private Hospital Dubai has its own imaging suite where we see pregnant women every step on the way. We have a professional sonographer who will explain the scan to you so that you can enjoy & marvel seeing your baby grow.

For guidance, the following information tells you at which stage you should have your scans and what they are for – but don’t worry, we will let you know the dates you should book in for these appointments:

- **Early pregnancy scans for dating and viability:** 11-14 weeks
- **Detailed anomaly scan:** 18-20 weeks
- **Growth scan:** 28 and 34 weeks
Registration

For further information or registration, please contact the admissions office at AZHD.