



مستشفى الزهراء دبي

AL ZAHRA HOSPITAL DUBAI

Care in Style

رعاية راقية

AL ZAHRA WELLNESS PACKAGES

EMPOWERING YOU TO TAKE CONTROL OF YOUR HEALTH



AL ZAHRA WELLNESS PACKAGES

Empowering You to Take Control of Your Health

At AZHD, we've got you covered with our exceptional wellness packages, giving you a complete picture of your health to ensure a healthier version of you.

Through advanced diagnostic technology, we offer unique, all-encompassing health checkups for everyone, testing across the full medical spectrum.

Providing general and specific Health Checkup Packages that are both affordable and highly comprehensive, we aim to help you piece together your absolute wellness.

Choose the health checkup most suitable for YOU!



GENERAL HEALTH PACKAGES - MALE (40% OFF)

A wellness health package, tailored specifically for men, will provide you with an inside look of your overall health. With these comprehensive range of investigations, you can find potential health risks and understand the levels of your basic functions to extend your healthy years ahead and piece together your absolute wellness.

MALE > 45	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
ESR - Erythrocyte Sedimentation Rate	
LFT - Liver Function Tests	
KFT - Kidney Function Test	
CK - Creatine Kinase	
Amylase	
FBS - Fasting Blood Sugar	
TSH - Thyroid Stimulating Hormone	
LDL	
Lipids Profile	
Vitamin D	
LDH	
PSA - Prostate-Specific Antigen	
Cardiopulmonary	
Stress Test	
Medical Imaging	
CXR - Chest X-Ray	
Ultrasound Abdomen	
Microbiology	
FOB - Faecal Occult Blood Test	
Urine Analysis	
PRICE	
Total	Now AED 3,500

MALE < 45	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
ESR - Erythrocyte Sedimentation Rate	
SGPT - Serum Glutamic Pyruvic Transaminase	
SGOT - Serum Glutamic Oxaloacetic Transaminase	
GGT - Gamma-Glutamyl Transpeptidase	
Creatinine	
Urea	
FBS - Fasting Blood Sugar	
TSH - Thyroid Stimulating Hormone	
LDL	
Lipids Profile	
Cardiopulmonary	
ECG - Electrocardiogram	
Medical Imaging	
CXR - Chest X-Ray	
Microbiology	
Urine Analysis	
PRICE	
Total	Now AED 1,300

GENERAL HEALTH PACKAGES - FEMALE (40% OFF)

A wellness health package, designed explicitly for women, will provide you with an inside look of your overall health. With these comprehensive range of investigations, you can find potential health risks and understand the levels of your basic functions to extend your healthy years ahead and piece together your absolute wellness.

FEMALE > 45	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
ESR - Erythrocyte Sedimentation Rate	
LFT - Liver Function Tests	
KFT - Kidney Function Test	
CK - Creatine Kinase	
Amylase	
FBS - Fasting Blood Sugar	
TSH - Thyroid Stimulating Hormone	
LDL	
Lipids Profile	
Vitamin D	
LDH	
CA-125 (Cancer Antigen 125)	
Medical Imaging	
CXR - Chest X-ray	
Mammogram	
Pelvic US	
Microbiology	
FOB - Faecal Occult Blood Test	
Pap Smear	
Urine Analysis	
PRICE	
Total	Now AED 3,200

FEMALE < 45	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
ESR - Erythrocyte Sedimentation Rate	
SGPT - Serum Glutamic Pyruvic Transaminase	
SGOT - Serum Glutamic Oxaloacetic Transaminase	
GGT - Gamma Glutamyl Transpeptidase	
Creatinine	
Urea	
FBS - Fasting Blood Sugar	
TSH - Thyroid Stimulating Hormone	
LDL	
Lipids Profile	
Cardiopulmonary	
ECG - Electrocardiogram	
Medical Imaging	
Breast US	
CXR - Chest X-Ray	
Microbiology	
Pap Smear	
Urine Analysis	
PRICE	
Total	Now AED 2,100

PREMIUM HEALTH PACKAGES >45 (40% OFF)

With the Premium Wellness Health Packages, you will get the most detailed comprehensive set of tests to help you ensure your overall health is intact. This elite package offers you an elaborate summary of your wellbeing putting all your worries to rest.

MALE	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
ESR - Erythrocyte Sedimentation Rate	
LFT - Liver Function Tests	
KFT - Kidney Function Test	
CK - Creatine Kinase	
Amylase	
FBS - Fasting Blood Sugar	
TSH - Thyroid Stimulating Hormone	
LDL	
Lipids profile	
Vitamin D	
LDH	
PSA - Prostate Specific Antigen	
Medical Imaging	
CXR - Chest X-Ray	
Ultrasound Abdomen	
Cardiopulmonary	
Stress	
Echo	
Microbiology	
FOB - Faecal Occult Blood Test	
Urine Analysis	
PRICE	
Total	Now AED 4,500

FEMALE	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
ESR - Erythrocyte Sedimentation Rate	
LFT - Liver Function Tests	
KFT - Kidney Function Test	
CK - Creatine Kinase	
Amylase	
FBS - Fasting Blood Sugar	
TSH - Thyroid Stimulating Hormone	
LDL	
Lipids profile	
Vitamin D	
LDH	
CA 125 (Cancer Antigen 125)	
Medical Imaging	
CXR - Chest X-Ray	
Abdominal Ultrasound	
Bilateral Breast US	
Mammogram	
Cardiopulmonary	
Echo	
Microbiology	
FOB - Faecal Occult Blood Test	
Pap Smear	
Urine Analysis	
PRICE	
Total	Now AED 5,100

CANCER SCREENING PACKAGES (40% OFF)

If are worried about potentially having cancer, then this is the package for you. Get a tumor marker screening today and put your worries to rest.

BASIC PACKAGES

MALE	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
CEA - Carcinoembryonic Antigen	
CA 19-9 (Cancer Antigen 19-9)	
PSA - Prostate Specific Antigen	
AFP - Alpha Fetoprotein	
HCG- Human Chorionic Gonadotropin	
Microbiology	
FOB - Faecal Occult Blood Test	
PRICE	
Total	Now AED 1,500

FEMALE	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
CEA - Carcinoembryonic Antigen	
CA 19-9 (Cancer Antigen 19-9)	
CA 125 (Cancer Antigen 125)	
AFP - Alpha Fetoprotein	
CA 15-3 - (Cancer Antigen 15-3)	
Microbiology	
FOB - Faecal Occult Blood Test	
PRICE	
Total	Now AED 1,800

CANCER SCREENING PACKAGES (40% OFF)

If are worried about potentially having cancer, then this is the package for you. Get a tumor marker screening today and put your worries to rest.

ADVANCED PACKAGES

MALE	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
PSA - Prostate-Specific Antigen	
CEA - Carcinoembryonic Antigen	
CA 19-9 (Cancer Antigen 19-9)	
AFP - Alpha Fetoprotein	
HCG - Human Chorionic Gonadotropin	
LDH	
Microbiology	
FOB - Faecal Occult Blood Test	
Medical Imaging	
US Abodmen	
US Pelvic	
US Head & Neck	
Chest X-Ray	
PRICE	
Total	Now AED 2,800

FEMALE	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
CEA - Carcinoembryonic Antigen	
CA 19-9 (Cancer Antigen 19-9)	
AFP - Alpha Fetoprotein	
CA 125 (Cancer Antigen 125)	
LDH	
Microbiology	
FOB - Faecal Occult Blood Test	
Pap Smear	
Medical Imaging	
US Abodmen	
US Pelvic	
US Head & Neck	
Chest X-Ray	
Ultrasound Breast	
PRICE	
Total	Now AED 3,600

HORMONAL HEALTH PACKAGES (40% OFF)

This Health Checkup applies to anyone that is experiencing fatigue, exhaustion, poor sleep or an overall sense of unwellness. You could be suffering from a hormonal imbalance. Undergo our Hormonal Checkup to find the root of your problems.

BASIC PACKAGES	
Consultation	
Family Medicine Doctor	
Laboratory	
Progesterone	
Estradiol	
Testosterone	
TSH - Thyroid Stimulating Hormone	
Cortisol	
Fasting Insulin	
FBS - Fasting Blood Sugar	
FSH - Follicle Stimulating Hormone	
DHEAS	
PRICE	
Total	Now AED 1,900

ADVANCED PACKAGES	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
TSH - Thyroid Stimulating Hormone	
HBA1C - Hemoglobin A1c	
VIT D	
Testosterone	
T3 - Triiodothyronine	
T4 - Thyroxine	
SHBG - Sex Hormone Binding Globulin	
Progesterone	
Insulin	
IGF1 - Insulin Growth Factor-1	
FBS - Fasting Blood Sugar	
Estradiol	
DHEAS	
Creatinine Kinase	
B12	
Crtisol 9AM	
Folic Acid	
PRICE	
Total	Now AED 3,500

METABOLIC HEALTH PACKAGES (40% OFF)

If you want to get an overall look at individual body functions including how your body reacts to certain foods, the Metabolism Checkup gives you a broad look at multiple measurements including different bodily functions, the way your body uses its energy, and your blood sugar levels.

BASIC PACKAGES	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC - Complete Blood Count	
SGPT - Serum Glutamic Pyruvic Transaminase	
SGOT - Serum Glutamic Oxaloacetic Transaminase	
Urea	
Creatinine	
FBS - Fasting Blood Sugar	
Lipids	
LDL	
TSH - Thyroid Stimulating Hormone	
Uric Acid	
Microbiology	
Urine Analysis	
PRICE	
Total	Now AED 1,100

ADVANCED PACKAGES	
Consultation	
Family Medicine Doctor	
Laboratory	
CBC + DIFF	
HBA1C - Hemoglobin A1c	
Ferritin	
Lipid Profile	
Creatinine	
Uric Acid	
Liver Function	
Electrolytes	
TSH - Thyroid Stimulating Hormone	
Leptin	
Insulin Fasting	
Microbiology	
Urine Analysis	
PRICE	
Total	Now AED 2,200