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# NovoMix

## Novomix 30 FlexPen

NovoMix 30 Flexpen lowers your blood sugar levels. When injected under your skin, It takes effect within 10 to 20 minutes. The maximum effect will occur between 1-4 hours after injection and the effect may last for up to 24 hours.

1

NovoMix 30 is normally used immediately (up to 10 minutes) before your meal. When necessary it can be used immediately after a meal.

Inject it under the skin (subcutaneous injection). It may be injected into the abdomen, thighs, buttocks or upper arms.

Remember to change your injection site regularly..



Your blood sugar level may become too low, if you:

- accidentally use too much of this medicine
- have too much or unexpected exercise
- delay eating meals or snacks
- eat too little food
- are ill.

2



3 If you miss a dose, do not use a double dose of your insulin. If it is almost time for your next dose, skip the dose you missed and use your next dose when you are meant to. Otherwise, use it as soon as you remember – don't forget to eat some carbohydrate within 10 minutes of your injection – and then go back to using it as you would normally

4 Be careful before you drive or use any machines or tools until you know how the insulin affects you.

Alcohol may mask the symptoms of hypos. If you drink alcohol, your need for insulin may change as your blood sugar level may either rise or fall. Careful monitoring is recommended.

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Store NovoMix 30 FlexPen that are not being used between 2°C and 8°C in a refrigerator.

The flexpen being utilized; You can use it up to 4 weeks at or below 30°C after taking it out of the refrigerator

