



INHALER

Dry Powder Inhaler (DPI)

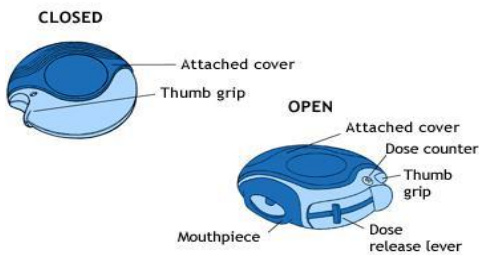
WHAT IS AN INHALER?

- ❖ hand-held, portable devices that deliver medication to your lungs

3 MAIN TYPES OF INHALER



DRY POWDER INHALER



- ✚ contains a dose of one or more medication in a dry powder form
- ✚ do not need to coordinate pressing the canister with inhaling
- ✚ must inhale more forcefully
- ✚ important not to blow (exhale) directly into the device before breathing in
 - this can scatter the medicine before it can be inhaled

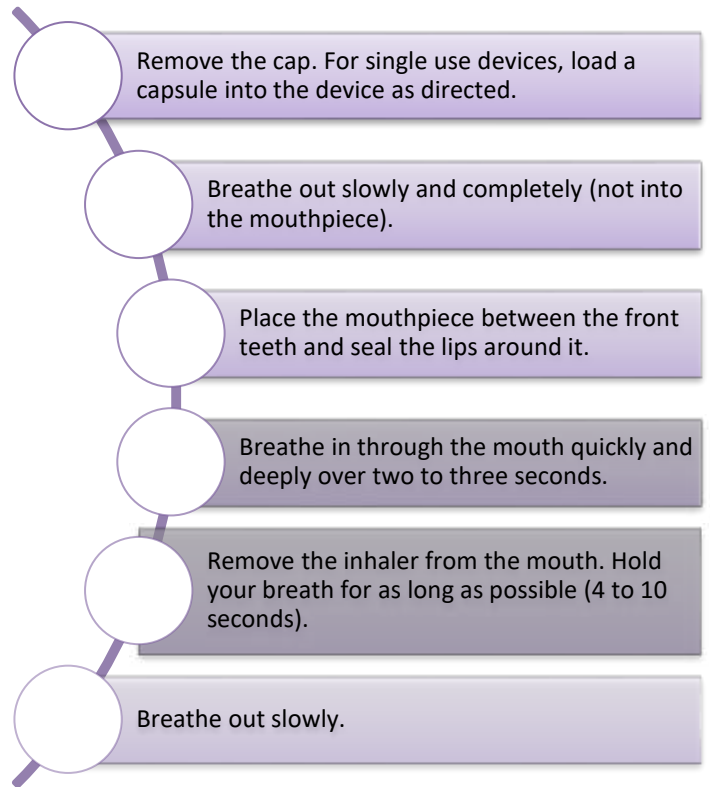
TWO MAIN TYPES

- 1. Multiple Dose Devices**
 - contain up to 200 doses; these come with a counter so you can see how many doses of medication remain
- 2. Single Dose Devices**
 - require you to place a capsule in the device immediately before each treatment.
 - DPI capsules should **not** be swallowed.



HOW TO USE

Each inhaler manufacturer has specific instructions for using their inhaler; the following are **GENERAL INSTRUCTIONS**:



Inhaler containing steroids:
After using your inhaler, rinse your mouth with water, gargle, and spit. Do not swallow the water.
This helps reduce side effects from your medicine.

HOW TO CLEAN

Most DPis should **NOT** be washed with soap and water.

The mouthpiece can be cleaned with a dry cloth.

Consult the instructions with your inhaler for further information

Reference: <https://www.uptodate.com/contents/inhaler-techniques-in-adults-beyond-the-basics>