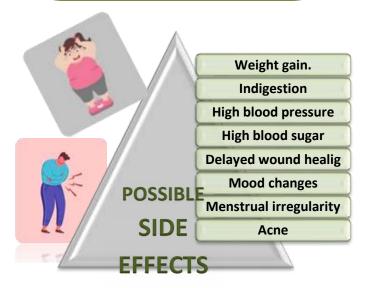


## What is Prednisolone?

- A corticosteroid that is used to reduce inflammation and calm down an overactive immune system.
- Mimics the effect of glucocorticoid hormones that are secreted naturally by our adrenal glands in response to stress and which are essential for life.



## **Contraindications**

Administering live or live-attenuated vaccines

Presence of systemic fungal infections.

Documented hypersensitivity to the drug or components of the formulation.

Take with food and a full glass of water to reduce the risk of prednisone adversely affecting your stomach.

Stopping prednisone suddenly can be dangerous. Your doctor will advise you on how to taper down your prednisone dose if you have been taking it for more than a few weeks.

Avoid contact with anybody known to have, or recently exposed to, viral illnesses such as chickenpox or measles.

Single doses are preferred over split doses; however, larger dosages may be split. Some people may be instructed to only take prednisone every other day (alternate day therapy).

Limit or avoid alcohol use while taking prednisone to help reduce the risk of indigestion and the development of stomach ulcers.

Take prednisone in the morning, before 9 AM (unless instructed otherwise) to more closely mimic your body's natural secretion of cortisol. Take your prednisone exactly as directed by your doctor. Never increase the dosage unless advice.